

Integrated Natural Ideas #110

From the mind of **Dr. Jay**

***What you can do to complement your health...naturally.
It is not alternative, it is original!***



**Doctorate & Ph.D. in Integrated
Medicine (IMD)**

Quantum Physics

Doctor of Humanitarian Medicine

Ph.D. Holistic Health Sciences

Ph.D. Traditional Naturopathy

**Board Certified: Orthomolecular
and Integrative Medicine (BOIM)**

- **World Organization of Natural
Medicine (WONM)**

- **Holistic Health Practitioner
(A.A.D.P)**

- **Reflexology (A.R.C.B.)**

Consider the word “nowhere”. Is it no-where or is it now-here? Play on words but it also describes our understanding of illness. For example take “Lyme Disease”. Are we nowhere or now-here?

This problem which affects thousands of Americans is a truly intractable puzzle (no-where). We used to think it was easy to conquer, just look for a bull’s-eye rash, take antibiotics for a week, and WALA! Problem solved. We now know (now-here) that 1-5 people affected with it go on with lingering pain and fatigue. Why should you care? The incidence of Lyme in the U.S. is up 70% over past decade. Nearly every tick-borne disease (16 total) in the U.S. has become more prevalent.

New research has shown that the bacteria *Borrelia burgdorferi* tend to evade anti-biotics. They create “persistor cells” (John Hopkins University). The standard allopathic treatment will need to be re-defined. So what can be done to help integrate with natural?

If you suspect a tick bite don’t waste time, yes see your regular physician. But I would also follow up with **Silver Shield Liquid #4280-5** internal and **Silver Shield Rescue Gel #4951-2** topically.

Another good idea is to take one or more of the following:

Una De Gato Comb. #175-0. Grown in the rainforests of South America, uña de gato vine contains 6 alkaloids that have been isolated by scientists. Research suggests that four of these promote the functions of white blood cells and macrophages. Astragalus supports the production of stem cells in bone marrow and lymph tissue and encourages their development into active immune cells. Additionally, it helps enhance the body’s production of immunoglobulin and stimulates macrophages. Echinacea purpurea, one of the most scientifically studied herbs, enhances the body’s own defenses and helps in the fight to maintain overall health.

Artemisia Combination #787-6 these herbs contribute to a friendly environment for intestinal flora. Elecampane, clove, garlic, ginger, spearmint, and other powerful herbs are also provided for maximum effectiveness.

Just suggestions, but doing all of the above if a known infection has occurred can dramatically affect the outcome in a positive way. Silver shield has been shown to increase the effectiveness of antibiotics (see my book “**Outsmarting HPV**” for in-depth study of silver sol).

If it is down the road and symptoms linger, the above again can help with regular allopathic intervention but should be used for a much longer period of time to be effective. Of course seek the advice of health professionals along the way.

Many companies put their name on a product label and do not manufacture it themselves. We only trust Nature’s Sunshine (800-453-1422). **The largest and safest in the world!** Information is for educational purposes only and not meant to diagnose or treat any disease. See a competent health professional should the need arise. This information may be shared provided it is not changed in any way.