

Integrated Natural Ideas #125

The mind-blog of Dr. Jay

***What you can do to complement your health...naturally.
It is not alternative, it is original!***



**Doctorate & Ph.D. in Integrated
Medicine (IMD)**

Quantum Physics

Doctor of Humanitarian Medicine

Ph.D. Holistic Health Sciences

Ph.D. Traditional Naturopathy

**Board Certified: Orthomolecular
and Integrative Medicine (BOIM)**

- World Organization of Natural
Medicine (WONM)

- Holistic Health Practitioner
(A.A.D.P)

- Reflexology (A.R.C.B.)

THIS CHANGES EVERYTHING!

If you haven't heard of **In.Form** by now, you will. It now has been clinically tested and clinically PROVEN to work in just 90 days. That's right, PROVEN. It even has a patent filed. NSP has done what no other weight loss, lifestyle program, natural or prescription Drug could or ever has been able to do. WORK! No gimmicks, no saran wrap, nor amphetamines, or side effects - none.

Not Oprah Winfrey, Marie Osmond, Jenny Craig, Weight-Watchers, Curves, It Works, Iso-genics, your chiropractor's programs, your medical doctor with prescriptions, etc. can say that - "*clinically proven*".

No one but NSP has a proven diet that lowers metabolic age, results in weight loss, increased bone density, decrease visceral fat, and so much more!

No one can show you how this food plan alone is the one to follow for life.

But what is even more of a mind blow is when you add the NSP PROVEN supplements to this, it works twice as fast. No other program on planet earth is this good.

If you are serious about a new you, a lean mean fighting machine, you need to contact an **In.Form** coach today! See my website for a link www.naturalselections.net, and click on "In.Form" to contact a coach and start a class now, you are not getting any younger, leaner, or energetic until you start this. I am so excited about this I can't sleep at night. This will change not only you, but the world!

Get in now before there is no room for you. Call an **In.Form** coach right now and get started. The testimonials on this program and supplements are unequaled anywhere by any program period.

It will make you so happy...

Speaking of happy, true happiness can only be realized when shared with others. Being happy by yourself creates feelings of loneliness after a while. It's why we are social creatures. **In.Form** is social, fun, and supportive. We all need support! It doesn't cost anything to be and remain happy. Most people would love to hear about *why* you are happy.

Also introducing, new **Elevated Eleven Probiotic #1514-0**. 3 x more potent with a delivery system that ensures all those good critters that make us happy, get to where they do the best job, your intestines. Did you know 90% of all Probiotic supplements on the market don't really work? Most of the critters die in your stomach before ever reaching the part of you that matters.

It has been said "*People should not fear their Government; the Government should fear their people*". It is an election year, please vote. Ask your candidates if natural health freedoms are what they believe in? I have, and found one who not only believes in natural health freedom but has done things about it, including natural remedies for him and his family. If you are in the 8th district of Wisconsin, consider your vote for @Frank Lasee for Congress, this August primary. Thank you.

Many companies put their name on a product label and do not manufacture it themselves. We only trust Nature's Sunshine (800-453-1422). **The largest and safest in the world!** Information is for educational purposes only and not meant to diagnose or treat any disease. See a competent health professional should the need arise. This information may be shared provided it is not changed in any way.