

Integrated Natural Ideas # 75

From the mind of **Dr. Jay**

***What you can do to complement your health...naturally.
It is not alternative, it is original!***



Ph.D. Holistic Health Sciences
(*Summa cum Laude*)
Ph.D. Traditional Naturopathy
(*Summa cum Laude*)
Board Certified
Holistic Health Practitioner
(A.A.D.P)
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Doctor of Integrated Medicine
(IMD)

So I dropped off my car for service today. I noticed that the owner had supplements all over his desk. When I mentioned, after he asked what I did for a living, that “85% of all supplement manufacturer’s don’t even make the supplements they are selling” he shrugged and said “but my chiropractor said they were good”. I didn’t bother to remark that chiropractors go to school for chiropractic....

So why do I beat people over the head about Nature’s Sunshine? This just in... The Australian Trade Goods Association, **who has the toughest and most rigorous audit in the world**, just gave NSP the highest grade (A1). I know (and now he knows), his chiropractor is not recommending a source that can say that. This is not a knock to chiropractors; it is a knock to the masses that don’t look into the highest quality obtainable. Do your homework, it’s your body.

Bill Gates said this recently: “*it is not your fault you are born poor; but it is your fault if you die poor.*” True and quite bold to say.

I was introduced to NSP 20 years ago for the quality and the benefits of referring others to it. I am happier, healthier, and financially better off than when I started (somewhat poor). You can do the same. If you recommend others to NSP you can enjoy commissions. This can help to pad your own cost of supplements or even make long term residual income. Keep in mind hardly anyone never got a commission for referring someone to a movie or a restaurant! But I will always tell people about the quality and residual income with NSP, the worst they can say is no. I do not plan to die poor.

For example, I share **Anxiousless #1157-9** with everyone. Who doesn’t have situational anxiety today? I just give two capsules out and have seen 75% off those order it because they felt it. Sometimes in as little as a half hour. They can get their own at cost, I most likely will make some cash for helping someone be happier without side effects, and it would even make Bill Gates smile (see above). I recently did a webinar on its power (see www.nspwebinars.com) and showed how an M.D. noted some of his anxiety patients it even helped lower blood pressure. Maybe stress is the number one killer?

Time magazine (July 2014) just had a small article on how scientists cultured airplane tables and discovered they had E. coli and MRSA on them that could survive eight days. What’s in your carry on?

In mine is **Silver Shield Liquid #4274-1** which I put in a small spray bottle (zip lock for carry on) and use to clean up my space upon sitting down. Have you seen the university studies on aqua nano silver like this? It can kill E. coli and MRSA (antibiotic resistant bacteria). I also carry the **Gel #4950-1** for hands after washrooms. I even use the liquid in a restroom to ensure a fresh seat! I got my own germs, I don’t need everyone else’s going home with me.

The hottest herb this year so far? Well for me it has been **Oregon Grape Liquid #3395-9**. It works well as a blood purifier. It works great for skin conditions and even allergies. But like all remedies give it time. I usually say 90 days.

Enjoy the summer polar vortex!

Many companies put their name on a product label and do not manufacture it themselves. We only trust Nature’s Sunshine (800-453-1422). **The largest and safest in the world!** Information is for educational purposes only and not meant to diagnose or treat any disease. See a competent health professional should the need arise. This information may be shared provided it is not changed in any way.